

MARCH 2026 NEWSLETTER VOL. 36



DIAMOND BAR WOMAN'S CLUB NEWSLETTER



2024-2026 CLUB OFFICERS



Website: diamondbarwomansclub.com

DIANA LIMON

President

MARRIYAN HILL

1st Vice President

MARYJO FRANZE

2nd Vice President/ Membership

JENNIFER GUZMAN & JOY JUAREZ

3rd VP & Co-Chair

MARRIYAN HILL

1st Vice President and Recording Secretary

ABBEY HOWELL

Treasurer

CLAUDIA MAIDENBERG

Corresponding Secretary

PATSY WILSON

Parliamentarian

LEI PHILLIPS

Newsletter Editor



DIAMOND BAR WOMAN'S CLUB President's Letter

By Diana Limon

Diamond Bar Woman's Club Members:

March is the beginning of Spring and new beginnings. We are focused on our club vision for 2026, your own personal goals, spring cleaning, gardening and planting, and March Madness. Also, renewing your club membership, as this is an election year, your attendance at the March meeting is important.

The Diamond Bar Woman's Club has already accomplished great things, the warm hoody donations were presented to the Walnut School District, and several of our Domestic Violence partners. Our Scholarship committee has posted the Student Applications live on-line for High School Seniors to apply, please put the word out. Scholarship Awards is our club's main goal, and this year we will be celebrating our 11 th annual awards luncheon. Each of you has a part in making this another successful event.

March is Women's History Month – This year's theme is Leading the Change: Women Shaping a Sustainable Future. This is YOU! Diamond Bar Woman's Club members let's continue to make a powerful impact in the community.

March 2 is Read Across America Day – celebrated on the author Dr. Seuss birthday. Established by the NEA National Education Association to read and enjoy reading. Kudos to **Raphael Plunkett** for all she does for our students across the state.

March 8 is International Women's Day - a day that not only celebrates the achievements of women and the progress made toward women's rights but also brings attention to ongoing struggles for equality around the world. Kudos to **Claudia Maidenberg** for keeping the club informed and educating us on past and present great women.





March 17 is St. Patrick's Day - Ireland's patron saint and religious holiday. Celebrated around the world by wearing green, leprechauns folk lore, green beer and corned beef and cabbage. As tribute, let's wear **GREEN** to our March meeting!

March 20 is 1st Day of Spring – Start of a fresh new season and a period of growth. We as members can embark on growing our membership creatively, new ideas of spreading our brand, with starting a Book Club open to the public.

Continue the great job of volunteering and making a difference, it shows how impactful a group of women who share a goal can succeed in anything we put our minds to.

Reach out to me our any Board member if you have questions on any of the projects.

Happy Spring!



DIAMOND BAR WOMAN'S CLUB 1st Vice President & Recording Secretary Letter

By Marriyan Hill

Welcome to March. Spring has sprung for us. We are now springing into action with the roll out of the new streamlined process for Scholarships 2026. Our young people in the community can now go to our website <https://www.diamondbarwomansclub.com/scholarship-application> and click on the link for scholarships. The application is now live online. Thank you so much for all the hard work from the Scholarship Chairman Joy Juarez and the Scholarship Committee. They worked long and hard to have a new online process that we expect to run much smoother. The application now has required fields to prevent incomplete applications and duplicate submissions. I am very hopeful there will be less complaints and confusion this go round, as the committee used input from previous committee members in years past, and used that information to improve on the process. I would like to thank all the committee members from this year, new and experienced, that were able to work hand in hand and build upon the knowledge from committee members with years of experience. Together, new and experienced committee members came together to form a great team. As the saying goes, teamwork makes the dream work!

I would like to congratulate Faye Campbell on starting a new project of collecting old prescription pill bottles to fill with hygiene products to be passed out to the unhoused population. I encourage all members to bring forward any new project ideas they would like to see come to life. As Dean of Projects, I am available to assist you all in any way I can to bring your project ideas to fruition, by bringing the ideas to the Executive Board and then to the membership for a vote. And just as new project ideas are welcome, there are plenty of tried-and-true projects that are ongoing that you as a member can jump on board to help. Talk to club members and project chairmen. Join a committee that interests you. Volunteer to see where your interests lie. The Diamond Bar Woman's Club has a project out there that is just for you! Come join us by getting involved.



Up next, we have March 12, 2026, Chili's all day fundraiser. Bring your family to eat at the local Chili's in Diamond Bar and show the flyer. This will help to raise money for a good cause. We have many projects slated for this year. In April, there is the Diamond Bar Earth Day Celebration and Bunco. In May, there is the Mother's Day Brunch and Fashion Show. These events have committees and Chairmen. Please reach out to me and let me know if you are available to help in the planning and or volunteering at the events. I will connect you to the club members handling these events. The club is so appreciative for all the efforts put forth from the membership to bring these fundraising events to life.

None of it would be possible without you!



**GOOD FOOD
FOR A GREAT CAUSE**

15% OF YOUR TICKET
PROCEEDS GOES TOWARDS
Diamond Bar Woman's Club

WHEN YOU PRESENT OR MENTION THIS FLYER WHILE ORDERING.

Diamond Bar Woman's Club
Night Out
Mar 12, 2026
From 11 am to 9 pm

Chili's
Diamond Bar
707 Grand Ave.
909-396-1222

Tax ID#:
MENTION OR SHOW THE GIVE BACK FLYER WITH EACH CHECK TO RECEIVE CREDIT FOR THE SALE. SALE CANNOT BE INCLUDED IN DONATION AMOUNT WITH FLYER. OFFER ONLY VALID ON THE DATE AND LOCATION STATED ABOVE. DONATIONS WILL NOT BE GIVEN ON SALES MADE PRIOR TO OR PAST THIS DATE.

DIAMOND BAR WOMAN'S CLUB 3rd VP & Co-Chair

By Jennifer Guzman

Hello Sisters,

Thank you to everyone who came out to support our first annual DBWC Valentine's Dinner at Encore. It was a wonderful evening filled with great company and community spirit. We had a great turnout and truly appreciate everyone who helped make the night so special. We are already looking forward to continuing this tradition again next year.

Tickets for our upcoming Mother-Daughter Fashion Show Brunch are now on sale for \$70 each. The event will be held Saturday, May 2, 2026 from 11:00 AM - 2:00 PM at Mountain Meadows Golf Course in Pomona. Tickets will be available for pickup at this month's general meeting, and members are encouraged to sell 2-3 tickets to help support this special event.

Our GotSneakers fundraiser is still ongoing, and I will be submitting more bags this month. Please continue bringing your collected sneakers to the general meeting, or feel free to text me at 909-344-0693 to arrange a drop-off. Every pair helps support our fundraising efforts and is greatly appreciated.

I am also looking into ideas for future fundraisers. If you have any suggestions or would like to help organize an event, please feel free to send them my way.

Thank you all for your continued support and involvement. It's always wonderful to see our members come together to support our events, our club, and our community. I look forward to seeing everyone at our upcoming meetings and activities.





Diamond Bar Woman's Club Mother Daughter Fashion Show Brunch



Join us Sisters, Friends, and Family
Saturday, May 2, 2026
11:00AM TO 3:00PM
Mountain Meadows Golf Club
1875 Fairplex Drive
Pomona, CA.

Enjoy the Brunch, Entertainment,
Raffles & Vendor Shopping



Ticket Cost \$70.00 - Can be purchased
from all Club Members

All Payments Due By: April 25, 2026

Zelle or Mail Payment to:

P.O. BOX 4035

Diamond Bar, CA. 91765

Abbey Howell (909) 348-3779

Joy Juarez (626) 216-6615

Jennifer Guzman (909) 344-0693

Zelle

Note: Payments can be made
via Zelle. Please open your
Bank App on your phone, then
scan QR code above or enter
Diamond Bar Woman's Club.

DIAMOND BAR WOMAN'S CLUB

3rd VP & Co-Chair

By Joy Juarez

Hello Club Member's

Our March Executive Board Meeting was held on Wednesday, March 4th. It is with a sad heart to let all of you Ladies know that I was informed there are zero funds available at the moment to be awarded for Scholarships.

We are waiting for final numbers for the Flap Jack Fundraiser that was done. Hopefully that can be a start to get us at least a few scholarships awarded this year. With this said we are asking for your support at the upcoming Chili's Night. That will take place this coming Thursday, March 12th and will run from 11am till close.

I will be working closely with Pam, Ellen and the rest of the committee to come up with additional ideas for a few last minute fundraisers. Being that funds are low we are asking for any donations that you may feel in your heart. If you know of someone that is in a position to make a difference in the life of a high school Senior looking to further their future please reach out and ask for a donation OR please let me know and I can reach out directly.

In addition there is a possibility that the awards luncheon will need to take place at another venue. If you have a suggestion or would like to chat about possible venues or ways to raise additional funds please feel free to reach out. We are going to need as much help as we can get! Please know that I am accepting of and open to any and all suggestions, this is what brings a Club together, all hands on deck working together to achieve goals!





The Diamond Bar Woman's Club Scholarships



Calling all Seniors **who are residents of Diamond Bar** attending Diamond Bar High School, Diamond Ranch High School, Ron Hawkins, IPoly, St. Lucy's, Damien, School of Arts, Pomona Catholic, Troy High School and Bishop Amant to apply for a scholarship award for 2026

About Us

The club believes in the power of education to transform lives. Our scholarship aims to support students who are committed to making a positive impact through community service, higher learning, music, art, medical, trade schools, and community college. Scan the QR code, or go to our website for more information and to complete the easy application.

Requirements:

A complete application must include:

- cumulative GPA of 2.5 or higher
- your official transcripts uploaded
- an autobiography (one to two pages, typed 12 font), your personal story, stating your career goals, events that inspired you, people that inspired you.
- recommendation letters: one letter from your school (counselor, principal, teacher) and one letter from a community member (church, club, employer, coach) who supervised your experience
- The application must be completed and signed by applicant and parent/guardian

Apply by 4/17/26

Only **complete** applications submitted /postmarked by the deadline will be accepted.

Home school students may apply. Must be a graduating senior and provide proof of residence in Diamond Bar.

Apply online at:

diamondbarwomansclub.com/scholarship-application or scan the QR code.

Deadline: Friday, April 17, 2026

For more information contact
Joy 626-216-6615



DIAMOND BAR WOMAN'S CLUB Treasurer's Article "TELL A WOMAN"

By Abbey Howell

Hello All Club Members,

Well it's that time of the year when March Madness kicks in! So many projects, goals and task to get completed. Looking over our calendars and thinking what have I gotten myself into! You realize at that time that you have a team of sisters within the club who are very capable of volunteering, all you need to do is ask for help.....

I would like to encourage each of the DBWC Chairpersons to present your programs and committee team members, along with the program budget at the next meeting, under the chairmen's reports. This will help with any confusion and open up the idea of volunteers coming forward to support your projects. I would like to offer an example of a simple preparedness to help prepare a budget.

Example of a Simple Budget: Information needed

- Project / Program / Event – Name Title
- Income – State how the funds will be raised with dollar values
- Expenses – State your costing details, food, venue, printing etc.
- Net Total Revenue \$ _____.

My Little Giving Box Project

Income

6-Members will donate \$50.00 each over a 1-month period	\$300.00
30-Cookie sacks sold to members at General Meeting cost \$5.00	<u>\$150.00</u>
Total	\$450.00

Expenses

Printing of membership pledge notes, 6-@ \$1.50	\$ 9.00
Purchase of cookies	\$ 15.00
Plastic bags and ribbon	<u>\$ 10.00</u>
Total	\$ 34.00

Net Revenue	\$416.00
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Once you've prepared your proposed budget it should be agreeable with the committee and moved forward to the Executive Board for approval, then presented to the membership. Now you're ready to move forward with your project. Now you're ready to push the button and let's move forward to a successful event!

Reminder: All membership dues will be collected at the March 18, 2026 meeting. The new renewal cost is \$55.00 you may Zelle to: dbwc.volunteers@yahoo.com and/or pay by check made payable to the Diamond Bar Woman's Club, cash also works.

Thank you!





Staying in the**KNOW!**

March Holidays:

- 3/02/2026 Purim Begins At Sundown
- 3/08/2026 Daylight Saving Time Begins
- 3/08/2026 International Women’s Day
- 3/17/2026 St. Patrick’s Day
- 3/20/2026 Spring Begins
- 3/29/2026 Palm Sunday

Event Dates:

- 3/12/2026 Chili’s Restaurant Fundraiser – All Day
- 3/12/2026 Scholarship Committee Meeting held at Chili’s-See Chairmen for time
- 3/17/2026 Walnut Valley Water District – Ribbon Cutting Ceremony 9:00 AM
- 3/27/2026 DBWC Leadership University begin 11:00 AM Maidenberg Courtyard

Federation Events

- 3/13/2026 San Gabriel Valley District – General Meeting 9:30 AM Spring Council
- 3/16/2026 DVAC 2.0 – General Meeting Covina Woman’s Club 11:30 AM

CFWC.org – GFWC.org

Save the Date: CFWC - California Federation of Women’s Club Convention
 Ignite The Magic of Federation: May 14-16, 2026 held at the Ontario Airport Hotel
 All Club Delegates are encouraged to attend and VOTE.



ARTS & CULTURE

What's Ahead in March !

By Marriyan Hill

Arts & Culture Chairman Message:

March has arrived and there is much to be celebrated. March has International Women's Day, Daylight Savings Time, Pi Day, St. Patrick's Day, the Spring Equinox, Holi and Cesar Chavez Day, to name a few.

Holi, a major Indian festival, this year falls on March 4th. It is a Hindu celebration that is known as the Festival of Colors, Love and Spring. The celebration highlights the eternal and divine love for deities Radha and Krishna. It is also a day that signifies the triumph of good over evil. What a beautiful celebration of spring, beautiful colors and the reigning power of good in the world.

International Women's Day is March 8th. This day commemorates women's fight for equality and liberation. Remember, it was not that long ago that women were not allowed to have a bank account without their husband's name on it. Our very own club charter lists the women's name as Mrs. and then their husbands' names. Due to this listing, we do not know their first names. As women, we have come a long way. Through the Civil Rights movement and Affirmative Action, women have now forged their own path to freedom and civil liberties. This fight has included fair wages free from gender inequality, women's suffrage, the empowerment of women and their independence. Let us all say, "She believed she could, so she did." A popular and empowering phrase attributed to author R.S. Grey.

Daylight savings time falls on the second Sunday in March. It is time to Spring Forward! Clocks are to move forward one hour at 2:00am to become 3:00am. With the Spring Equinox approaching on March 20th, what will you all do with this extra hour of sunlight as the days begin to get longer and longer each day?

Pi day falls on March 14th, like the mathematical constant π (pi) that represents the number 3.14159265359. This is a newly celebrated day for all the math lovers in the world. There are many freebies and deals for pizza and pies in the community at various restaurants and stores. Be on the lookout for a deal near you.

St. Patrick's Day is March 17th. This is a global celebration that stems from Irish culture and heritage. This is a day that recognizes the death date of the patron saint of Ireland, Saint Patrick. It began as a religious feast day and over time has evolved into a day of vibrant cultural celebrations, parades and wearing the color green. One traditional symbol is the Shamrock, where legend has it that St. Patrick used the three leafed clover to explain the Holy Trinity.

Cesar Chavez Day is March 31st. This is a national holiday celebrated annually throughout the nation. Cesar Chavez was a legendary labor leader and civil rights activist, who co-founded the United Farm Workers (UFW). He dedicated his life to the improvement of the lives of migrant farmworkers. He achieved this feat through non-violent activism like strikes, boycotts and hunger strikes, that resulted in union recognition and better wages for the workers. In 1966, he lead a historic 300-mile march from Delano, CA to Sacramento, CA to bring awareness to farmworkers and their plight for humane treatment at work. His tremendous efforts lead to the 1975 California Agricultural Labor Relations Act, the very first law in the United States to grant farmworkers the right to unionize.

The 90 Day Journal Journey is a guided journal journey with daily prompts given for journaling the following day. This guided journal experience is facilitated through social media and can be found daily on the Diamond Bar Woman's Club Face Book page. It can also be found on my social media under Marriyan ThePoet on Face Book, TikTok, and Instagram. There was an in person 90 Day Journal Journey Workshop that can be viewed on YouTube, along with the daily journal prompts. The YouTube is @marreonpublishing where you can view the workshop in full. I share my journal entries and open the journal prompts up for discussion through the comments. Participants are encouraged to post a picture of their journal prompts or type them in the comments.



In addition, I am pleased to bring Arts & Culture to the city of Diamond Bar. I am happy to host a monthly open mic at the AQMD Building, 21865 Copley Drive, Room CC6, Diamond Bar, CA 91765; on every third Saturday of the month. This month it will be on 3/21/2026, at 5pm. This open mic is free to the community and open to all artists of all ages. We have hosted singers, guitarists, pianists, poets, jewelers and photographers, just to name a few. I invite you to come and share your artistry with the community. You are also invited to come and support your community, seeing the artists as a member of the audience. Are you an artist that was not listed here? We invite you to come and showcase your artistry at the Diamond Bar Renaissance Open Mic. Please support this event by attending if you are available, inviting artists you know, and sharing the details of the event with your friends and neighbors.

I look forward to seeing you all in the community partaking in these artistic and cultural events.

Thank you,
Marriyan

**Sing Your Favorite Songs ,
Play Your Favorite
Instrument, Recite Your
Favorite Poem & Hang Out
with Friends**

**The Diamond Bar
Renaissance
OPEN MIC**

**EVERY 3RD
SATURDAY**

**NEW
LOCATION**

**SOUTH COAST AQMD BLDG.
Room CC6
21865 Copley Drive
Diamond Bar, CA 91765**

**HOSTED BY: MARRIYAN HILL
OF THE
DIAMOND BAR
WOMAN'S CLUB**

PRESENTED BY THE DIAMOND BAR WOMAN'S CLUB

The 90 Day Journal Journey

**Open to Everyone
All Ages Welcome!**

**FOLLOW ON SOCIAL MEDIA:
MARRIYAN THEPOET**

**YOUTUBE:
@MARREONPUBLISHING**

Workshop Highlights

- Journal Presentation
- Journaling
- Grounding Exercises
- Self-Reflection
- Feed-back on Journal Presentation

- Talk openly about journaling
- Learn to manage stress
- Take home real-life tools
- Connect with others who want to journal

"Let's Talk, Heal & Grow Together"

Whether you've struggled with journaling or just want to learn more about how to start, this space is for you.

Women in History

WOMEN IN CALIFORNIA HAVE BEEN NOTABLE CLUBWOMEN IN THE GFWC

By Claudia Maidenbreg

The GFWC is an international organization. We often have the misconception that the exceptional leaders come from far away. We often don't think of our work in Federation as a place where we all learn leadership skills. Have you ever wondered how much California has influenced that organization? Many California members are considered notable clubwomen in the GFWC. Some of the local leaders were:

Clara Bradley Baker Wheeler Burdette (1855 –1954) was an American clubwoman and philanthropist from **Pasadena, California. She was the first president of the California Federation of Women's Clubs when it was founded in 1900.** Clara was also an officer of the General Federation of Women's Clubs from 1902 to 1904.

Clara was director of the Southwest Museum and the Pasadena Humane Society. After suffrage was gained, she was an organizer of the national League of Women Voters and the Women's Legislative Council of California.

Esto Bates Broughton (1890-1956), a graduate of the University of California at Berkeley (1916), was the first woman lawyer in Stanislaus County, California. She one of the first four women to serve in the California State Assembly (1920-1926). Broughton was also the youngest woman ever to serve in the California legislature, until her record was broken in 2002.

Broughton chaired the publicity department of the California Federation of Women's Clubs.



Belle Jessie Wood-Comstock (1880-1961): After teaching in public schools, Belle Jessie Wood-Comstock studied medicine and in 1909 Belle graduated in medicine at the University of Southern California. She was the head woman physician at the Glendale Sanitarium and Hospital. Belle organized the visiting nurse organization and conducted health institutes.

Belle chaired Public Health at the Los Angeles District of California Federation of Women's Clubs.

Leadership is not something a person is born with. It takes training, experience, trial, and error. Our Club provides us all with the opportunity to gain experience, grow and contribute to the betterment of the community. Together we can embrace and be a part of the mission of the GFWC to build global communities where people united in diversity and dedicate their service to changing lives.



HEALTH & WELLNESS MARCH WELLNESS HUMOUR MONTH

Submitted By Diana Limon

What is Humour?

For some of us, humour is a lost art, but it can be one of our most powerful 'life coping' tools. It is one of the world's most potent health supplements, not toxic, low-calorie and absolutely free. But what is humour? One definition I really like is that humour is an attitude focused on generating positive feelings in yourself and for others. It is an active state and a choice that we make. **We need to start to smile, laugh large and fight terminal seriousness.**

Neuroscience shows that humour engages several regions of the brain involved in emotion, problem-solving, and empathy. This activation helps us regulate stress, broaden our thinking, and stay grounded when the pressure builds. Whether we are sharing a light observation, finding irony in a tough moment, or simply choosing to smile, humour gives our brains a brief but powerful reset.

Physical Benefits of Laughter

Releases tension. Muscles contract during laughter and then relax deeply for leaving the body calmer and less reactive.

-Boosts endorphins. These natural pain relievers improve mood and reduce physical discomfort.



<https://youtu.be/gb7bGDI8iY> (CLICK TO WATCH)



-Supports healthy body function. A hearty laugh can:

- stimulate internal organs
- improve circulation
- increase oxygen in the bloodstream
- strengthen the immune system



-Provides a mini workout. Laughing enthusiastically 100 times a day can have effects similar to **10 minutes of rowing or 15 minutes on an exercise bike.**

Stress and Brain Benefits of Laughter

- **Lowers stress hormones** such as cortisol and adrenaline.
- **Improves heart-rate variability**, an important marker of resilience.
- **Enhances cognitive flexibility**, helping us think more creatively and respond with clarity.



Warm Hoodie Jacket Project



IN ATTENDANCE

Rachel Kirk in San Francisco attending as Delegate for California Democratic Convention.





MARCH 2026 CALENDAR OF EVENTS

4 DBWC EXECUTIVE BOARD MEETING - 6:30PM ZOOM

13 SGVD GENERAL MEETING - 9:00AM -12:00 PM

EL MONTE COMMUNITY CENTER

18 DBWC GENERAL MEETING - 8:30AM BREAKFAST 9:30AM

GENERAL MEETING VITA'S RESTAURANT, DOUBLETREE HOTEL

BIRTHDAYS

1 MARRIYAN HILL

5 LAYLA ABOU-TALEB

9 NANCY LYONS

11 HONG DIANA ZHAO

15 ANGIE VALENZUELA

23 PAMELA ROBINSON

