



JANUARY 2026
NEWSLETTER VOL. 34

DIAMOND BAR WOMAN'S CLUB NEWSLETTER



2024-2026 CLUB OFFICERS



Website: diamondbarwomansclub.com



DIANA LIMON

President

MARRIYAN HILL

1st Vice President

MARYJO FRANZE

2nd Vice President/ Membership

JENNIFER GUZMAN & JOY JUAREZ

3rd VP & Co-Chair

MARRIYAN HILL

Recording Secretary

ABBEY HOWELL

Treasurer

CLAUDIA MAIDENBERG

Corresponding Secretary

PATSY WILSON

Parliamentarian

LEI PHILLIPS

Newsletter Editor



DIAMOND BAR WOMAN'S CLUB President's Letter

By Diana Limon



Diamond Bar Woman's Club Members:

Happy Holidays to all our members, I wish for each of you 12 months of Joy, 52 weeks of laughter and 365 days of abundant love and health.

We have ended 2025 as a memorable year for the Diamond Bar Woman's Club. We had Bingo; We had for the 1st time a Western Dance at Heritage Park which was a wonderful time and a huge success; We had Chili's night out, a Pancake and Pj's breakfast held with Diamond Bar Princesses, and most importantly our Scholarship Awards Luncheon in which we gave out (10) ten \$1,000.00 scholarships. Our 10th annual Casino Night, which was a superb time with dinner, dancing, casino tables, our silent and live auctions were show stopping fantastic. Our club volunteers assisted with Domestic Violence care packages for Easter and Mothers day, back-to-school backpacks, holiday food items, turkeys and gift cards. And for our veterans we had individual care packages delivered in person by Patsy Wilson and Abbey Howell. We set our aim high for scholarships in 2025 and for 2026 we will go higher! We have such inspiring members, civic leaders, community leaders and business owners who have provided their support. We have thanked them with personal notes in pink letterhead, provided by Claudia Maidenbergl.

Let's welcome our new members and give them support and knowledge of working as a team to meet our objectives.

Looking forward to seeing you at our monthly meeting, 3rd Wednesday, 8:30am breakfast, Jan. 21st at Vita's in Doubletree Hotel.

With Gratitude,

Diana Limon

DIAMOND BAR WOMAN'S CLUB 1st Vice President & Recording Secretary Letter

By Marriyan Hill

As we all enter into 2026, it is important to live each day with intention. As women, we often prioritize everyone but ourselves. We all have a giving spirit, which is why we are community leaders, but we must remember to also give to ourselves, as well as the community. With the new year comes a new hope for us to all make time for self-care, set attainable long and short-term goals, and find happiness within. By being determined to make ourselves a priority, we can be better for those around us, becoming the best version of ourselves.

With the New Year upon us, it is with great pleasure that the 90 Day Journal Journey is entering it's last phase. This guided journal will be embarking on 30 prompts on different aspects of life and daily living. The hope for this journal experience is to encourage the membership to engage in their own self-care and self-reflection. Members participating in this journaling experience, in particular, the 30 day "Life" section beginning this month can expect to take small moments each day to think about how they regard life. In doing this, members can attain a fresh perspective on how they choose to live each day during this new year.

It is customary to set New Year's Resolutions at the beginning of the year. What is typical of those resolutions is that as time goes on in the year, they are met with less and less conviction and adherence. I challenge you to all make a conscious change this year. Instead of making lofty resolutions that may or may not fade off as the year goes on, try to set small, medium and large goals. Create a vision board for the year with your goals. Track your progress through the year with a journal or yearly planner. The goal is to stay engaged with your plans for the year. By putting your goals in writing and tracking them, you create accountability for yourself. The visualization and tracking also makes you more likely to achieve success. And remember to celebrate your success, small and large. Always give yourself grace if you are not successful on your first attempt. Do not quit and remember to try, try and try again. The journey of 1,000 miles begins with the first step. You can do anything you put your mind to.

May the new year bring you good health, happiness and prosperity.
May 2026, be your best year yet.

DIAMOND BAR WOMAN'S CLUB

3rd Vice Presidents

By Jennifer Guzman and Joy

Hello Club Member's

December is upon us, and the start of a new year is just around the corner. The last few months Happy New Year!

December was a fun-filled and memorable month for our club, and we're excited to kick off January together.

We would like to extend a heartfelt thank you to everyone who participated in the SGVD Craft Fair. Your time, effort, donations, and support helped make our booth a success. Events like these are only possible because of your dedication and teamwork.

Our Christmas-themed General Meeting was full of laughter, joy, and BINGO fun. Santa's visit was the highlight of the evening and brought festive cheer to all. Thank you to everyone who helped make the meeting so special.

Current Fundraisers

Regal Cinemas Fundraiser

- Members are asked to sell a minimum of 5 bundles
- Ends February 7

More info:

<https://www.groupraise.com/offer-campaigns/68131-diamond-bar-womens-club-regal-fundraising-campaigns>

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See's Candies Fundraiser

- Perfect for Valentine's Day gifts
- Ends January 31

Order here:

<https://www.yumraising.com/store/valentines-day-2026-diamond-bar-womens-club-da65/JenGuz60794>

GotSneakers Fundraiser

- Recycle tennis shoes and other footwear
- Bring collected shoes to the January meeting
- Eco-friendly and easy
- Continuous fundraiser through June

Looking Ahead

- A Loteria Night is currently in the works
- We're also planning a fun fundraiser for June

Thank you for your continued support and participation. We look forward to a great year ahead!

Warm regards,

Jennifer & Joy



DIAMOND BAR WOMAN'S CLUB Treasurer's Article "TELL A WOMAN"

By Abbey Howell

Here's to wishing everyone a Happy New Year's,

This is the very moment to hit the refresh button, jump start the year with the volunteer spirit fully charged! 2025 was very successful year for the Diamond Bar Woman's Club all hands were on deck. We strengthen our leadership ability, called upon our trailblazers to unite and give guidance in mentoring our new members and executive officers. The excitement will not stop there!

We are looking forward to the Diamond Bar Woman's Club Leadership University. Save the Date: Friday-February 20, 2026 11:00 AM Maidenberg Courtyard. Additional information will be forthcoming.

Thank you.... See you at the January 21 st Club Meeting! Join me for breakfast at 8:30 AM Vita's

Thank you,

Abbey Howell



ARTS & CULTURE

Open Mic | Journal Event

By Marriyan Hill

Arts & Culture Chairman Message:

The 90 Day Journal Journey is a guided journal journey with daily prompts given for journaling the following day. This guided journal experience is facilitated through social media and can be found daily on the Diamond Bar Woman's Club Face Book page. It can also be found on my social media under Marriyan ThePoet on Face Book, TikTok, and Instagram. There was an in person 90 Day Journal Journey Workshop that can be viewed on YouTube, along with the daily journal prompts. The YouTube is @marreonpublishing where you can view the workshop in full. I share my journal entries and open the journal prompts up for discussion through the comments. Participants are encouraged to post a picture of their journal prompts or type them in the comments.

**Sing Your Favorite Songs ,
Play Your Favorite
Instrument, Recite Your
Favorite Poem & Hang Out
with Friends**

**The Diamond Bar
Renaissance**

**OPEN
MIC**

**EVERY 3RD
SATURDAY**

**NEW
LOCATION**

**SOUTH COAST AQMD BLDG.
Room CC6
21865 Copley Drive
Diamond Bar, CA 91765**

**HOSTED BY: MARRIYAN HILL
OF THE
DIAMOND BAR
WOMAN'S CLUB**

PRESENTED BY THE DIAMOND BAR WOMAN'S CLUB

The 90 Day Journal Journey

**Open to Everyone
All Ages Welcome!**

**FOLLOW ON SOCIAL MEDIA:
MARRIYAN THEPOET**

**YOUTUBE:
@MARREONPUBLISHING**

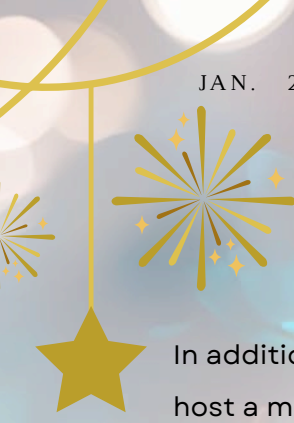
Workshop Highlights

- Journal Presentation
- Journaling
- Grounding Exercises
- Self-Reflection
- Feed-back on Journal Presentation

"Let's Talk, Heal & Grow Together"

Whether you've struggled with journaling or just want to learn more about how to start, this space is for you.

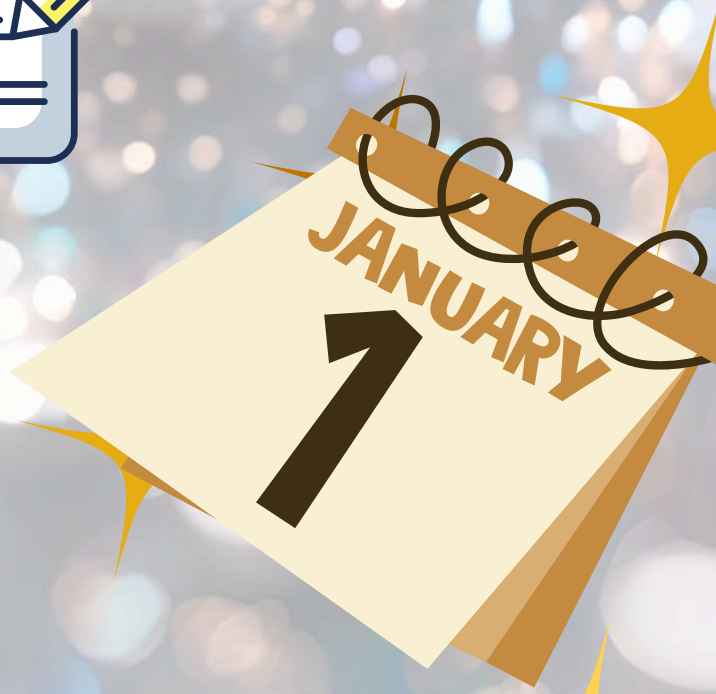
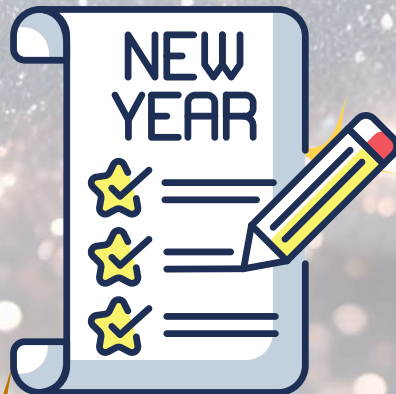
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In addition, I am pleased to bring Arts & Culture to the city of Diamond Bar. I am happy to host a monthly open mic at the AQMD Building, 21865 Copley Drive, Room CC6, Diamond Bar, CA 91765; on every third Saturday of the month. This month it will be on 1/17/2026, at 5pm. This open mic is free to the community and open to all artists of all ages. We have hosted singers, guitarists, pianists, poets, jewelers and photographers, just to name a few. I invite you to come and share your artistry with the community. You are also invited to come and support your community, seeing the artists as a member of the audience. Are you an artist that was not listed here? We invite you to come and showcase your artistry at the Diamond Bar Renaissance Open Mic. Please support this event by attending if you are available, inviting artists you know, and sharing the details of the event with your friends and neighbors.

I look forward to seeing you all in the community partaking in these artistic and cultural events.

Marriyan Hill



Women in History

LEGENDS OF AMERICA DONA GERTRUDIS BARCELÓ

By Claudia Maidenbreg

If you don't look at the date, this American Legend could be alive and well today. She made decisions our modern sisters make. She learned a basic lesson of success – financial independence and unfortunately a major detractor was another woman.



Madame La Tules, Maria Gertrudis Barceló

Commonly known as Madame La Tules, Maria Gertrudis “Tules,” Doña Gertrudis Barceló (1800-1852) was a prominent saloon owner and professional gambler in Santa Fe, New Mexico, during the heydays of the Santa Fe Trail.

Shortly after in 1821, Doña Barceló, moved from Mexico to New Mexico territory. To maintain her independence Barceló retained her dowry, her own property, and maiden name. Much attention would later be given to the fact that she was four years older than her groom and four or five months pregnant at the time.

In 1825 the couple relocated to the Santa Fe area. Dealing Monte, Doña Barceló became an extremely efficient and skilled dealer. Keeping her earnings and winnings, she opened her own hotel and casino, signing the deed with her name and excluding her husband from the transaction. In addition to her profits from the hotel and casino, Doña Barceló also made money from real estate, gold ventures, and trading. But she was also a very giving woman – providing money and gifts to the Catholic Church and needy families and contributing more than her share of taxes to keep the government functioning during budget shortfalls.

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During the Spanish American War when the U.S. troops came to Santa Fe, Doña Barceló welcomed them not as invaders but as customers and “friends.” She maneuvered her standing in the new society by helping the Americans, passing on information, and even loaning money to the army to cover payroll and buy provisions.

Doña Barceló’s success yielded both admirers and detractors. During her lifetime, she was labeled a courtesan, a madam, a monte dealer, and an expert mule trader. She was called the Mexican “Queen of Sin” in American newspaper articles. Susan Magoffin, granddaughter of Kentucky’s first governor was one of Doña Barceló’s greatest critics saying she made her living by running a house where open gambling, drinking, and smoking were enjoyed by all with no thought of being socially degraded.

Doña Barceló was known to carefully guard her good name in Santa Fe. In fact, on several occasions when locals had spoken against her, she took them to court to defend herself against slanderous comments. In court, she usually won the lawsuits, or the allegations were recanted.

When someone is calling your success out as “evil” and it is something “prominent” men do all the time, you must be on the right tract. As Federated Sisters, be respectful of the success of your fellow sisters. When your path to success does not hurt anyone, criticism needs to be taken with a grain of salt. Remember the valuable lesson, cooperation and support among women is the only way to ensure we will ever have equal rights, privileges, and power.



HEALTH & WELLNESS

Living A Happier Life In January

Happier January 2026

MONDAY



TUESDAY



WEDNESDAY



THURSDAY

FRIDAY

SATURDAY

SUNDAY

1 Find three things to look forward to this year

2 Make time today to do something kind for yourself

3 Do a kind act for someone else to help brighten their day

4 Write a list of things you feel grateful for and why

5 Look for the good in others and notice their strengths

6 Take five minutes to sit still and just breathe

7 Learn something new and share it with others

8 Say positive things to the people you meet today

9 Get moving. Do something active (ideally outdoors)

10 Thank someone you're grateful to and tell them why

11 Switch off all your tech at least an hour before bedtime

12 Connect with someone near you - share a smile or chat

13 Take a different route today and see what you notice

14 Eat healthy food which really nourishes you today

15 Get outside and notice five things that are beautiful

16 Contribute positively to your local community

17 Be gentle with yourself when you make mistakes

18 Get back in contact with an old friend

19 Focus on what's good, even if today feels tough

20 Go to bed in good time and allow yourself to recharge

21 Try out something new to get out of your comfort zone

22 Plan something fun and invite others to join you

23 Put away digital devices and focus on being in the moment

24 Take a small step towards an important goal

25 Decide to lift people up rather than put them down

26 Choose one of your strengths and find a way to use it today

27 Challenge your negative thoughts and look for the upside

28 Ask other people about things they've enjoyed recently

29 Say hello to a neighbour and get to know them better

30 See how many people you can smile at today

31 Write down your hopes or plans for the future



ACTION FOR HAPPINESS

Happier · Kinder · Together



The background is a deep blue with a pattern of white stars, reminiscent of the American flag. Three raised fists, rendered in a stylized, blocky brown and tan color, are positioned in the upper center. Radiating from the fists are numerous yellow and white lines, suggesting sparks or fireworks. Additional yellow starburst shapes are scattered across the blue background. A large, stylized firework is visible on the left side, and another is on the bottom right.

-I HAVE A DREAM-

**MARTIN LUTHER
KING, JR. DAY**

Diamond Bar Woman's Club Supporting Healed Women Heal Holiday Event





JANUARY CALENDAR 2026

DIAMOND BAR WOMAN'S CLUB UPCOMING EVENTS

7 DBWC EXECUTIVE BOARD MEETING - 6:30PM ZOOM

9 SGVD BIRTHDAY COUNCIL GENERAL MEETING - 9:00AM -12NOON - EL MONTE
COMMUNITY CENTER (RAFFLE BASKET, CLUB DELEGATE CARDS & CFWC REPORTS
DUE, KINDNESS ANGEL, CREATIVE WRITING & MUSIC SUBMISSIONS DUE)

12 DVAC 2.0 MONTHLY MEETING 11:30AM -1:30PM COVINA WOMANS CLUB

21 DBWC MONTHLY BUSINESS MEETING (2026-2028 NOMINATIONS ELECTION
COMMITTEE VOLUNTEERS SIGN-UP) 8:30AM BREAKFAST 9:30 GENERAL MEETING
VITA'S RESTAURANT, DOUBLETREE HOTEL

BIRTHDAYS

2 JENNIFER GUZMAN

21 LINDA HEADLEE

29 CLAUDIA MAIDENBERG

